



FOR IMMEDIATE RELEASE

The Baltimore County Sailing Center and Evolve Life Centers join forces to fight addiction

Rebuilding life after addiction is a critical step in long-term recovery. Establishing new routines, activities, and relationships isn't easy. Evolve Life Centers and the Baltimore County Sailing Center have partnered to create an avenue to launch a new chapter in life for those who have battled addiction.

This innovative program will host more than 75 Evolve Life Centers' residents at the Baltimore County Sailing Center at Rocky Point park in Essex, Maryland. Participants will learn fundamental sailing skills as a part of their recovery process in weekly sessions between Memorial Day and Labor Day.

"Learning to sail is just a part of the BCSC experience. On the path to the feeling of freedom that sailing provides, sailors learn teamwork, communication, decision making, resilience, and build self-confidence. These skills are what we are *really* teaching in all of our programs,"

Rob Deane, BCSC Executive Director

"Our goal at Evolve Life Centers is to provide a place for people in early recovery that will help them create a foundation in life without the use of drugs and alcohol. A lot needs to change about an individual who is trying to rebuild a new way of life and we believe that this partnership will help with that goal. For someone just entering into this process, everything is a new adventure and sometimes this process can be scary. With this collaboration we are hopeful that horizons are broadened, new possibilities will arise, and people will realize that anything we put our mind to can and will be accomplished with dedication and discipline. We couldn't think of a better way for people to get reconnected with the beauty of life than by getting people out there as a team, working together, and seeing first hand how amazing the world is."

Chris Pedersen Senior Vice President, Evolve Life Centers, LLC

About The Baltimore County Sailing Center:

The Baltimore County Sailing Center is a nonprofit sailing center located at Rocky Point Park on the shore of Hawks Cove in Essex, Maryland. BCSC is a community sailing center that is driven largely by the volunteers and donors that are dedicated to our mission of bringing people of all ages and backgrounds to the water and inspiring a life-long passion for boating.

About Evolve Life Centers:

Evolve Life Center, LLC, is a unique approach to recovery: a series of sober living communities and halfway housing that sets a new standard for quality transitional homes and rehabilitation. For people in recovery, Evolve Life Centers has that supportive living environment that is essential. Evolve Life Centers is a new approach to the challenge of post-treatment housing. Staffed by addiction experts and designed to foster supportive social connections, each of our sober living communities offers our guests a clean, safe space and a real sense of belonging and community. Years of experience with addiction and recovery will continue to lead us into seeking a better model than the traditional group home or halfway house-style facility.

Evolve Life Centers IOP, LLC, offers a treatment program which emphasizes total abstinence from drugs and alcohol. Our knowledgeable and caring counselors work with and motivate each client individually to develop personalized recovery strategies through, education, self-awareness, participation in groups, and one on one counseling. We also offer the extra support through a monthly vivitrol shot if the client qualifies. Through a caring and educational environment, we support each client through their journey of recovery.

Evolve Life Centers™ was founded in 2014 by Sara Burden. Years of experience with addiction and recovery led them to seek a better model than the traditional group home or halfway house-style facility.

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